



SEEDS

helping parents grow

SEEDS - Belmont

Tuesdays

25 July - 22 August 17

1pm - 3pm

Ruth Faulkner Library

Belmont

[register here](#)

SEEDS - Southern River

Wednesdays

2 August - 30 August 17

9.30am - 11.30am

Amherst Youth Centre

Southern River

[register here](#)

SEEDS - Canning Vale

Thursdays

17 August - 21 September

9.30am - 11.30am

Canning Vale

Community Centre

[register here](#)

www.clanwa.com.au



SEEDS offers parents a casual & confidential 'drop in' style parent network to help strengthen parenting skills peer to peer.

These groups are facilitated by parent mentors to provide guidance and education.

Topics of discussion can include but are not limited to; strengths, anxiety, siblings, listening & boundaries, routines, positive parenting, development stages and resilience.

If you have a particular query or concern you wish to discuss, please come along and speak to one of our Parent Mentors.

For further information please visit www.clanwa.com.au/events or telephone us at 9477 0400.